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Medical Issues



Topics



- Medical Records
- Physical Examinations
- Line of Duty Determinat
- Immunizations



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Medical Records



Medical & Dental Records



- Maintained at ARPC/SG
 - 15,000 Medical and 15,000 Dental Records
 - ■IMAs, Cat Es
- Change in your medical condition
 - Send information to ARPC/SGO



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Physical and Dental Requirements



Annual Requirements



- Effective 1 Oct 01, per DOD
 - Reserve Component Periodic Health Assessment
 - Mirrors AD PHA Program
- Reserve Component Health Risk Assessment (RCHRA), and Dental Exam
 - Requirements for all Reservists
 - Civilian dental exam acceptable
- Rated and Mobilization Assistants (MAs)
 - Specialized exams every year



Health Assessment



- Reserve Component Health Risk Assessment
 - Four page risk assessment form
 - Signed by you and physician or nurse
 - Standard Form 600 overprint based on gender and flying status
 - Dental exam (DD 2813)
 - Immunization record review
 - Bring these civilian test results
 - ■Pap Smear
 - Mammogram
 - Optometry
 - ■Other test results



Physical Exams... Your Responsibility



- Receive notification letter to schedule app
- Call DoD Medical Treatment Facility (MTF) schedule exam
 - Schedule during Annual Tour, if possible
 - Follow preparatory instructions provided by MTF
 - Fasting, bring glasses, contacts, hearing aids, etc
 - Over 300 DoD MTFs available (on ARPC/SGO web)
- Not in DEERS You're still eligible for example of the still eligible eligible eligible eligible eligible



Physical Exams... Your Responsibility



- Contact ARPC/SGO 5 days <u>prior</u> to your exam so a copy of last physical can be sent to MTF
- Contact MTF 2 days <u>prior</u> to your exam
 - Verify appt and receipt of your exam
- Take notification letter to scheduled appt
- Complete RCHRA & DD Form 2813 <u>prior</u> to appt
 - Forms are also available on our Web Site at: https://arpc.afrc.af.mil/sgo/forms_pubs.htm



Things to Remember



- Ask for a copy of your completed exam
 - RCHRA Form
 - Overprinted RCPHA SF 600
 - DD Form 2813 (Civilian Dental) or SF 603
 - Any extra exams or lab reports
 - Recommend keeping a personal copy
- MTF mails new exam to ARPC
 - To be sure...verify receipt
 - Call ARPC/SGO 1-800-525-0102



ARPC Tracks Compliance



Your Program Manager is notified if you are not current with your exam requirements

You may be restricted from pay and points for any type of training



Federal Strategic Health Alliance (FEDS_HEAL)



- FEDS_HEAL provides
 - Physical Exams
 - Dental Exams
- Test program within AFRC for FY 04
 - Target Population
 - IMAs and PIRR
 - Not located near MTF
 - Continued access problems



Federal Strategic Health Alliance



- Matches member and required services to a FEDS HEAL Network Care Provider within 50 miles of member's home of record
- Notifies member and provider of appointment time and place
- Exam results come to ARPC Physical Standards
- Call ARPC/SGO for eligibility
 - **1-800-525-0102**

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Line of Duty Determinatio ns (LOD)



Line of Duty Determinations



- You are covered, traveling directly to and from <u>DUTY</u> and during <u>DUTY</u>:
 - IDTs
 - Annual tours
 - Special tours
 - School tours
 - MPA tours
 - Mobilization tours



Line of Duty Determination



- If you become ill or injured...
 - Inform your supervisor as soon as possible

- Report to the Military Treatment Facility immediately
 - Let the MTF know that you are a reservist

Get "Line of Duty Determination" (AF Form 348)



Line of Duty Determinations



- The findings determine your medical benefits
 - LOD outcomes:
 - In the line of duty
 - Not in the line of duty
 - Pre-existing condition
 - Pre-existing condition aggrava

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Immunizatio ns





- Paper shot record is being phased out
- Ensure your yellow shot record information gets entered into Air Force Complete Immunization Tracking Application (AFCITA)
- Keep a copy of your computer print out
 - **(DD Form 2766C)**





Required Shots

Shot Frequency

Flu Annual

Tetanus-diphtheria 10 years

Hepatitis A Initial series of 2 (no booster)

Oral Polio Once for life

MMR Once for Life







Mobility Shots

Shot

TB Skin Test

Meningitis

ACC)

Typhoid

Injection

Oral

Yellow Fever

Frequency

2 years

5 years

(3 yrs in AMC &

3 years

5 years

10 years





Mobility Shots

Shot Who Hepatitis B Series Only for Medics, **Security Forces**

and Fire Fighters

ANTHRAX deployment to high threat areas Only for

Small Pox

Only for deployment to high threat areas



RESOURCES



- Medical & dental forms available on our Web Site:
 - https://arpc.afrc.af.mil/sgo/forms_pubs.h tm

- How to find an MTF or MEPS closest to you:
 - https://arpc.afrc.af.mil/sgo/sgm



How to Contact SGO



HQ ARPC/SGO 6760 E. Irvington PI #7200 Denver CO 80280-7200

DSN: 926-7237 DSN FAX:497-0081

Commercial: (303) 676-7237 FAX: (478) 327-0081

■ Toll Free: 800-525-0102

E-mail: <u>arpc.sgodl@arpc.denver.af.mil</u>



Questions?



